

THIS MONTH IN STUDENT LIFE DECEMBER 2018



IMPORTANT DATES

PARKING PERMITS

Parking permits for Spring 2019 go on sale December 3rd, on a first come, first served basis.

Permits are \$95 per term. Please email Jessi if you would like a parking sticker, and you will receive a digital invoice requesting payment. After your payment is processed, you may pick up your parking sticker by showing your receipt. The following info is needed: License plate #, make, model, and color of your vehicle.

Monday, December 3. Accounting Office

DECOMPRESSION WEEK

The Student Council will be hosting decompression week to support students during finals. Tea, snacks, and a quiet space will be available to help you recharge and rest during the week. Please check signs each day for locations.

Mon Dec 10th-Thurs Dec 13th, 9am - 3pm. TBD

MINDFULNESS DEMO LESSON

Demo lesson for new elective course. See below for details about the course

Tuesday, December 11th. 5-6pm. Rm TBD

END OF TERM DEADLINES

The forms listed below must be submitted by the the end of the term, December 15th .

- Clinic – Turn in your Clinic Hours Sheets and Competencies to Katherine Billet
- Incomplete Requests – Forms must be approved (signed) by your instructor or Clinic Manager and submitted to the Registrar

Sat. December 15th. Clinic Manager | Registrar

FALL 2018 GRADUATION PAPERWORK

Students completing the program this semester should turn in the following forms by the end of the term, December 15th

- Info Release

NEW ADDITIONS TO THE PHARMACY

New single-herb granules:

- Hu Lu Ba - Fenugreek (Tonify yang)
- Hua Jiao - Sichuan Pepper (Warm Interior, Expel Cold)
- She Gan - Belamcanda (Clear Heat, Purge Fire)
- Tu Bie Chong - Beetle (Invigorate Blood)
- Wu Gong - Centipede (Extinguish Wind, Stop Tremors)
- Wu Ling Zhi - Squirrel Droppings (Invigorate Blood, Remove Stasis)
- Xue Yu Tan - Carbonized hair (Stop Bleeding)
- Yang Qi Shi - Actinolite (Tonify yang)

We now carry a Xiao Yan San tincture from Kan Essentials.

A reminder that the pharmacy also has *Garden of Life* natural, plant based supplements including a Family Multivitamin, D3, B-Complex, Vitamin C, Probiotic (located in fridge).

COURSE EVALUATIONS

Your instructors will be conducting the course evaluations in class before the end of term. You will need the links below to access the surveys using your smartphone, laptop, or tablet in class. If you do not own any of those devices, you can request a paper survey from your instructor. Please also feel free to take the surveys on your own in advance, or for any Fall course that is no longer meeting.

- **Fall 2018 Didactic S** ([https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQo5ZjA5Yzg4ZS0xZmEyLTQ5ZTYtYzAzNi02MTA0NWE3M2YwOGMNCmh0dHBzOi8vd3d3LnN1cnZleW1vbmtleS5jb20vci9WSjZTUNEDQotLS0\)urvey](https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQo5ZjA5Yzg4ZS0xZmEyLTQ5ZTYtYzAzNi02MTA0NWE3M2YwOGMNCmh0dHBzOi8vd3d3LnN1cnZleW1vbmtleS5jb20vci9WSjZTUNEDQotLS0)urvey)
(<https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQo5ZjA5Yzg4ZS0xZmEyLTQ5ZTYtYzAzNi02MTA0NWE3M2YwOGMNCmh0dHBzOi8vd3d3LnN1cnZleW1vbmtleS5jb20vci9WSjZTUNEDQotLS0>)
- **Fall 2018 Clinic Survey** (<https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQo5ZjA5Yzg4ZS0xZmEyLTQ5ZTYtYzAzNi02MTA0NWE3M2YwOGMNCmh0dHBzOi8vd3d3LnN1cnZleW1vbmtleS5jb20vci9WWDVCSFZUDQotLS0>)

POLICY REMINDERS

Don't forget that beginning next (Spring/January) term, the updated attendance policy is in effect: "Students must attend 87% of all didactic course meetings, or a minimum of 13 classes in a 15 week course, to receive course credit." Also, work in the Herb Dispensary can no longer be used to make up missed clinic shifts.

FROM THE STUDENT COUNCIL

THANK YOU!

Thank you to both vendors and shoppers who participated in this year's craft fair! It was a great turnout.

NO MEETING THIS MONTH

Due finals and winter break, there will be no Student Council meeting in December.

CELEBRATE WITH US


Don't forget to join us on Thursday evening 12/13 at Comal followed by Nick's! (See Important Dates above for details)

JOIN THE STUDENT COUNCIL GOOGLE GROUP

This group is to help students connect with one another more quickly. It is a great way to find a substitute for clinic shifts, get updates on changing policies, complete surveys to voice your opinions, and more! To join the group, please click below and then select "apply for membership." If you added your email address to the written list in the break room and have not received notice that you've been added, please join via the link here >>> JOIN GOOGLE GROUP

([https://www.aimc.edu/so/55MTXGWgY/click?](https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQo1OTk1ZTA5ZS1iNzY0LTRkOGUtZTNjYy1mOWNmNzI2YzIiODINCmh0dHBzOi8vZ3JvdXBzLmdvb2dsZS5jb20vZm9ydW0vlyFmb3J1bS9haW1jc3R1ZGVudGJvZkZkNCi0tLQ)

[w=LS0tDQo1OTk1ZTA5ZS1iNzY0LTRkOGUtZTNjYy1mOWNmNzI2YzIiODINCmh0dHBzOi8vZ3JvdXBzLmdvb2dsZS5jb20vZm9ydW0vlyFmb3J1bS9haW1jc3R1ZGVudGJvZkZkNCi0tLQ](https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQo1OTk1ZTA5ZS1iNzY0LTRkOGUtZTNjYy1mOWNmNzI2YzIiODINCmh0dHBzOi8vZ3JvdXBzLmdvb2dsZS5jb20vZm9ydW0vlyFmb3J1bS9haW1jc3R1ZGVudGJvZkZkNCi0tLQ))



YOGI TEA (CHAI TEA WITHOUT THE BLACK TEA) -DR. KEN

4-5	Cardamon pods (green ones)
16	Peppercorns (whole pepper)
8	Cloves
2-3	Cinnamon Sticks (2-3 inches each)
8	Fresh Ginger Slices (abt an inch square)

Bring 4 cups of water to a boil with the above spices and simmer for 5-6 min. Keep the spices for another cooking & strain the tea. To make another batch, add a smaller amount of spices to original batch to renew flavor

Season the tea with any of the following (optional):

- any variety of milk
- a sweetener (honey, raw sugar, agave)
- vanilla

STUDY ABROAD FRANCE


AIMC is heading to Lyon, France this Spring! Participants will study with renown doctor Raphael Nogier, and learn the theory and practice of Nogier-style Auriculotherapy. AIMC students can sign up by enrolling in AC 211 Auriculotherapy during Spring registration. Doctoral students will need to select this option on their registration form.

LEARN MORE (<https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQozNTU4ZjdIOS0yMjcxLTRmNzltYW11ZS03ZDdiMTYyNmI4MDQNCmh0dHBzOi8vd3d3LmFpbWMuZWR1L3NvL2M5TVJxXzhycz91dG1fY2FtcGFpZ249OWEzMWZyZyYtYW50YTI1LTkwNmYtMGJhMzA3NWZhZTU1JnV0bV9zb3VyY2U9c28jL21haW4NCi0tLQ>)



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(<https://www.aimc.edu/so/55MTXGWgY/click?w=LS0tDQozNTU4ZjdIOS0yMjcxLTRmNzltYW11ZS03ZDdiMTYyNmI4MDQNCmh0dHBzOi8vd3d3LmFpbWMuZWR1L3NvL2M5TVJxXzhycz91dG1fY2FtcGFpZ249OWEzMWZyZyYtYW50YTI1LTkwNmYtMGJhMzA3NWZhZTU1JnV0bV9zb3VyY2U9c28jL21haW4NCi0tLQ>)